

# Men So Re! MIRAI GCT1 Workshop

## “Health and Aging Population”

### October 27, 2025

Venue: OIST, B-250 Sydney Brenner Lecture Theater (Seminar Room B250)

Okinawa Institute of Science and Technology Graduate University

1919-1 Tancha, Onna-son, Kunigami-gun, Okinawa, Japan 904-0497

<https://www.oist.jp/>

The event is hybrid; the Zoom link will be provided for those who register for the Workshop.

10.30-11.00	Welcome coffee
11.00-12.15	<b>Session 1: Health, Aging, and Wellbeing</b> <b>Chair: Eleonor Kristoffersson, MIRAI GCT1 Chair</b> <hr/> <b>Welcome remarks from Karin Markides, President of OIST</b> <b>Johan Niklasson</b> , Associate professor and senior consultant (attending) physician, Docent in geriatrics, Umeå University <i>“Morale and Longevity: Is a Positive Outlook the Secret to a Longer Life—and Does Gender Matter?”</i> <b>Mariko Naito</b> , Professor at Department of Oral Epidemiology, Graduate School of Biomedical and Health Sciences, Hiroshima University <i>“The associations between oral health, sleep disorders, and social support: a cross-national comparative study between Japan and Sweden”</i> <b>Hitoshi Katsuta</b> , Professor Department of Medical Science and Technology, Faculty of Medical Sciences <i>“Conquering Type 1 Diabetes: Pancreatic Islet Regeneration via Pancreatic Tissue Stem Cells”</i> <b>Marcus Liwicki</b> , Professor, Machine Learning, Luleå University <i>“Sustainable Machine Learning for the Welfare of the Society”</i>
12.15-12.40	<b>Session 2: Startup Pitch Session</b> <hr/> <b>Dr. Khashayar Misaghian</b> ( <a href="#">Sage Sentinel</a> ): A fall prevention solution. <b>Dr. Lalhaba Oinam</b> ( <a href="#">Ekei labs</a> ): Measuring internal age and understanding the progression of aging. <b>Dr. Olga Elisseeva</b> ( <a href="#">HerLifeLab</a> ): Supporting women’ aging.
12.40-13.30	Lunch



13.30-15.00	<b>Craig Willcox</b> Okinawa Centenarian Study, Professor of Public Health and Gerontology, Department of Human Welfare, Okinawa International University <b>“Islands of Longevity: Exploring Healthy Aging in Okinawa and Hawaii”</b>
15.00-15.15	Coffee break
15.15-16.45	<b>Session 3: Technology, Innovation, and Intergenerational Perspectives</b> <b>Chair: Yuliya Kulikova, OIST</b> <hr/> <b>Anna Sandgren</b> , Associate Professor in Caring Science, Linnaeus University <i>‘This matters to me’: How can we meet communication needs of an aging society?</i> <b>Sofi Fristedt</b> , Associate professor in health and caring sciences & Head of department at the Institute of Gerontology, Jönköping University <i>“Welfare technology - successes, challenges and unmet user needs to consider for improvements”</i> <b>Eleonor Kristoffersson</b> , Professor in tax law at School of Behavioural, Social and Legal Sciences, Örebro University <i>“AI as a tool for mitigating loneliness - legal perspectives”</i> <b>Karin Blad</b> , Assistant Professor of business law, School of Behavioural, Social and Legal Sciences, Örebro University and <b>Magnus Kristoffersson</b> Associate Professor in law, School of Behavioural, Social and Legal Sciences, Örebro University <i>“Aging and business succession”</i>
17:00	End of the Workshop

Website and registration:

<https://groups.oist.jp/odr/event/mirai-workshop-health-and-aging>

Host of the event:

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